

Hello
again



OK.... Wait a minute? Are we in JUNE?? Are we into the summer months??
...WE CAN'T be.....GIRLS!!

Where is time going at all? I just can't believe it..time is going by SO fast , yet it feels like it has been 10 years since I got to see some of you? I MISS YOU ALL TOO MUCH! If I had a time machine THIS second I would take us back into our classroom practising our moves and dances and having all the laughs together – LAST NIGHT I HAD THE STRANGEST DREAM.. I sailed away to China .. in a little row boat to find ya.. (I hope by now you are all singing and dancing along with me) we have had some AMAZING times...BUT I know all of you are having the BEST time at home-from the emails I am getting and pictures I am seeing you are all having a ball – and that's what makes me so happy! You should be at home laughing and having fun, and learning new skills around the house – I think when I see you again I'll see some professional painters, and chefs and gardeners and artists and interior designers and professional singers and dancers , I really do!! PLEASE stay doing the things you love! In fact if anything this lockdown has given us a chance to focus more on the things we love, yes we get our school work done in the mornings which is amazing but that also leaves so much time for you and your hobbies and your loved ones- use this time wisely.

I am too girls! I am painting, I am reading more books and am getting time to draw again – and I am loving it. I listen to upbeat songs during the day when I might be cleaning out something at home – My brother asks me if I think I am auditioning for the X-Factor sometimes –and I say ‘YES brother I do..and I know Simon Cowell and Louis Walsh would put me through to the next round . Then we both laugh! – Because Girls we have to do things to keep us happy, keep us busy , keep us positive – SO SING them songs I give you each week LOUD AND PROUD .. dance around the kitchen, laugh until your belly hurts!! Enjoy and be happy that you are healthy and loved and with your families, safe.

Know that Miss Murphy is thinking about ye and missing ye ALL the time. I am only an email away remember that.

So this week you only have 3 days work – I can hear all the ‘yesssss’s and thank god’s from here) and you know what girls YOU DESERVE IT! You’ve all been working so hard.

Now there are a lot of different readings and activities here, do from it what you wish. The workload from next week on will be very light. Have fun <3

Enjoy girls,

Miss Murphy



Wednesday :

Doctors and Nurses

Doctors and nurses help to keep people healthy. Doctors tell people what medicines they need to take to feel better if they are sick. When people visit a doctor they are called the doctor's patients. The doctor writes a prescription for each patient for the right medicine that helps to heal what is wrong with them. People get the medicine at a pharmacy or chemist. It's important for people to take the medicine the way that the doctor says in order to get better.

Healthy people should also visit the doctor for a check-up. During a check-up the doctor examines the patient. Sometimes a doctor can find out if something bad is happening in the patient's body before the patient feels sick. The doctor tells the patient what to do to keep them from getting sick.

Doctors need a lot of schooling and training. Doctors go to medical school for four years after graduating from regular college. Some doctors become specialists. These doctors need more training and help people with just certain illnesses. Children visit a specialist called a pediatrician. Pediatricians are doctors who work only with children. Pediatricians make sure that children stay healthy. All children go the pediatrician to get injections that keep them from getting bad illnesses like measles. Getting an injection is not a bad thing as they may keep you from getting sick.

Nurses help to keep people healthy too. Nurses have lots of training in how to make patients feel better and how to keep them from getting sick.

Many nurses work at the hospital to take care of people who are too sick to stay at home. Some nurses work at community clinics to help people in their neighbourhood. Nurses are very important in helping to keep patients healthy.

We are lucky to feel healthy. It is important to eat good foods, keep good hygiene, get some exercise and be happy to keep our bodies healthy. Drinking water to keep hydrated is also very important for a healthy body.

We are very lucky to have amazing doctors and nurses working all over the world to help people return to health. Thank you doctors and nurses!



Questions: into your English Copy (write Q's + A)

Oral language: *Discuss the meanings of the underlined words with a guardian/older sibling – or your dictionary to help you to understand them.*

1. When people visit a doctor they are called the doctor's what?
2. What do doctors write for a patient to help make them better?
3. Where can you buy medicine?
4. How long does a doctor study at medical school or college?
5. What do you call a doctor who looks after children only?



Thursday:

Astronauts

Astronauts are people who are specially trained to travel into space. The word astronaut means “space sailor.” While people have been sailing on the oceans and seas for thousands of years, space travel began just about 50 years ago. No one could travel into space until scientists and engineers figured out how to send rockets into space. Then scientists and engineers needed to design a safe place for astronauts to be on the powerful rocket that goes into space.

Astronauts have to be able to come safely back to earth too. Astronauts travel into space and come back to earth in a space capsule.

Astronauts are people who love adventure. Only a very few people have become astronauts. Astronauts become famous people because they have done something that only a few people have ever done – they have travelled in space. The first astronauts sat in the small space capsule as it orbited the earth. An orbit around the earth for astronauts is traveling once around the whole earth while being in space right above the earth the whole time.

NASA is the part of the United States government that takes care of space travel. When NASA was sure that astronauts were safe orbiting the earth, they sent astronauts to explore on the moon. Astronauts left the space capsule and walked on the moon. They were able to get back in the space capsule and return safely to earth. Now astronauts travel to the ‘International Space Station’ that stays in space. The space station has many astronauts who live and work there

for many months at a time. When astronauts have worked at the space station long enough, they come back to earth and other astronauts take their place. All astronauts must study in college. Then astronauts get more training for life in space by NASA.

Oral language: *Discuss the meanings of the underlined words with a guardian/older sibling – or your dictionary to help you to understand them.*

Questions: into your English Copy (write Q's + A)

1. What does the word astronaut mean?
2. Astronauts travel into space and come back to earth in a what?
3. Why do Astronauts become famous people?
4. What type of people are Astronauts would you say? List three character traits?
5. Would you like to be an Astronaut? Why or why not?
6. List the planets in your copy...remember our rhyme!

Hey girls...what is an Astronauts favourite chocolate bar?.....

.....A Mars Bar (Oh god Miss Murphy) :D



Friday

Dentists

Dentists take care of teeth and other parts of your mouth. Do you realise how important your teeth are to keeping good health? Eating the right foods and getting proper nutrition help to keep you healthy. If your teeth and mouth are not working properly, how can you eat? So visiting the dentist is an important part of staying healthy. Like medical doctors, dentists are also called by the title of doctor. After college doctors go to the medical school for four years and dentists go to dental school for four years. Then dentists must pass a test and get a license to treat people.

Dentists work every day to help their patients to be healthy. People can feel scared to visit the dentist because of all the equipment in the office and needing to sit in the big chair. The dentist's chair tilts back so the dentist can see all parts of your mouth including the teeth way at the back. Some of the equipment, especially the dentist's drill, makes noise that can make a person nervous. But there's no reason to be scared because the dentist is always careful and very friendly. The dentist has lots of training in taking care of teeth.

Some dentists go on to have even more training and are called oral surgeons. A surgeon is a doctor who does operations. Surgery is another word for performing an operation. When someone has an infection in a tooth they go to the oral surgeon if the tooth has to be taken out.

Dental hygienists help dentists. Hygiene is another word for staying clean. Most of the time, the dental hygienist is the person who cleans your teeth when you visit the dentist's office. Even though you get your teeth cleaned it's still important to brush your teeth every day.

Oral language: *Discuss the meanings of the underlined words with a guardian/older sibling – or your dictionary to help you to understand them.*

Questions:

1. What do dentists take care of?
2. How long does a dentist study at dental school?
3. What work does an oral surgeon do?
4. What work does a dental hygienist do?
5. Why is going to the dentist important?
6. Can you name some of the types of 'teeth' in your mouth?
7. What was your very first set of teeth called?
8. When should you brush your teeth?
9. What is the word beginning with 'p' that can stick to your teeth and cause them to go bad?
10. Describe a dentist's uniform?



Your teeth are important girls, so look after them! Remember you're never fully dressed without a smile- I miss seeing all of your toothy smiles every day!

You're Never
Fully Dressed
without a
Smile



(Any day – Extra) **Fire-fighters**

It seems so exciting and it is. When there's a fire emergency firefighters hurry to get their suits on and take off from the fire station with sirens blasting on their huge red and yellow fire trucks. Everyone else moves to the side of the road when they hear the sirens and the fire engines race to the scene of the emergency. Firefighters quickly hook up the fire hoses and begin to battle the blaze.

Even though this all sounds so exciting, firefighters have a difficult job and harsh conditions to work in. Firefighters are willing to risk their lives to save people who might be trapped inside a burning building. Firefighters are exposed to heat, smoke and possibly toxic fumes when they fight a fire. Firefighters don't leave the scene of a fire until they put out the blaze no matter how long it takes or how tired they get. Community volunteers like members of the Red Cross bring food and drinks to firefighters if they are there for a long time but otherwise citizens must stay clear of a fire scene because it is so dangerous.

Firefighters always wear a uniform when they are on duty. When they leave the fire station to fight a fire they wear heavy protective gear that keeps them from getting wet from all the water. Their gear is also fireproof so that their clothing does not catch on fire. Firefighters wear big rubber boots too and helmets to protect their heads from falling objects or flames. Wearing all this heavy gear

can be tiring. Firefighters must stay in good physical shape in order to do their job. They must keep fit and energetic.

Firefighters need a lot of special training. In large cities firefighters must attend the fire academy to learn how to fight fires. Fire departments in some cities provide emergency medical service called EMS. In these cities firefighters respond to medical emergencies when someone calls 911 for help. These firefighters get lots of medical training before they help the public.

Oral language: *Discuss the meanings of the underlined words with a guardian/older sibling – or your dictionary to help you to understand them.*

Questions: into your English Copy (write Q's + A)

1. When drivers hear fire sirens they must what?
2. What kind of conditions do firefighters work in?
3. Describe a firefighters uniform?
4. Where is the fire station in Birr?
5. What is important to have installed in your house and checked regularly to prevent fires breaking out?
6. What type of equipment or objects do fire fighters use?
7. If you were to use one word to describe a fire fighter what would it be?
Why did you choose that word?

8. Can you describe/ discuss what is happening in both pictures below using your own words? (What can you see? What just happened, where might they be going, what might happen next?)



Maths :

Tables focus for this week : x6 (or the tables you find MOST difficult)

Wednesday : Write out tables into your maths copy -practise out loud.

- Pick 5 of the multiples of 6 times tables and draw pictures to represent the numbers. For example: $2 \times 6 = 12$ (Draw 6 apples x 2 apples= 12 apples)

Thursday: Money

1. Using the least amount of coins possible draw the following;
 - €2. 56
 - € 4.85
 - € 1.80
 - € 7.98

Money problems:

1. A pair of trousers costs €17,50 and a shirt costs €18.50 What is the sum of the two? How much change from €50.00?
2. A hotel charges €125 per night for a room. What is the cost of booking the room for 4 nights?

3. Gran gives you €4.50 as pocket money each week. She gives you twice as much this week. How much do you have? How much more do you need to make €20.00?
4. Tom refuels his car with 8 litres of petrol. If 1 litre of petrol costs €3.40 how much did he pay?
5. A jeweller earns €50.80 for cutting a piece of precious stone. How much does he earn for cutting 9 pieces?
6. Ian went to the market to buy hats costing €4.30 each. If he brought 6 hats, how much did he spend?
7. A large room consists of 250 people. If each pays €12 as an entry ticket, then how much money is collected in total?
8. A bank has 87 lockers. If each locker consists of €19, how much money do all the bank lockers hold?
9. Carlos brought 5 hens from the market. How much does he pay if each hen cost him €20.55?
10. There are 5 cars and 48 taxis in a car park. If each vehicle has to pay €3.20 as tax, how much money is collected in the process?



Gaeilge

An Ceadaoin

Ceart go leor cailíní , an seachtain seo, béimid ag foghaim ...

Gramadach: Na céimeanna compáraide. (making comparisons)

1. te (hot)	Níos teo (hotter)
2. fuar (cold)	Níos fuaire (colder)
3. beag (small)	Níos lú (smaller)

4. mór (big)	Níos mó (bigger)
5. sean (old)	Níos sine (older)
6. óg (young)	Níos óige (younger)

Scríobh an bosca sin sa cóipleabhair gaeilge más é do thoil é.

(Write this table into your Gaeilge copies – practise saying them out loud).

Déardaoin

Scríobh iad sa cóipleabhair gaeilge agus líon na bearnaí

1. Tá Miss Murphy óg ach tá Ashton _____.
2. Bíonn an fómhar _____ agus bíonn an gheimhridh _____.
3. Tá an t-ollmhargadh _____ ach tá an t-ionad siopadóireachta _____.
4. Tá Mamó _____ ach tá Daideó _____.
5. Tá an madra _____ ach tá an luch _____.
6. Tá an charr _____ ach tá an eilifint _____.

An Aoine

Tarraing pictiúir – Draw pictures to represent the following something

- beag – níos lú
- mór – níos mó



Tá an cat mór ach tá an leon níos mó!

Science :

Okay girls so this week we are going to talk about the importance of hygiene and learn about germs. In you science copies;

- Germs are tiny living organisms that can make us sick if we don't know how to protect ourselves from the harmful ones.

Discussion Questions

1. Can you name a kind of germ?
2. What can germs do to your body?
3. Why do you think that germs are bad for you?
4. What can you do to keep yourself safe from germs? Name some things that you can do to protect yourself.

Experiment: Write into copy please

Objective: Our skin helps to protect us from germs.

Materials:

- 2 apples
- Paring knife – **parent/guardian needed to peel ONE apple
- 2 plates (a plate per apple)
- "Skin: A Shield Against Germs" handout – I have it below for you to fill in each day.

- Art supplies (colored pencils, markers, crayons)

Activity:

GermS are on tables, on the floor, in the air - everywhere. Some even live on your skin. But your skin helps keep you from getting sick from germS by blocking them from getting in your body. What could happen to us if we didn't have our wonderful skin? Let's find out by watching these two apples.

The first one has a shiny skin protecting the soft inside part of the apple. But let's peel the skin off of this other apple and see what happens to it over the next few days. Using your "Skin: A Shield Against GermS" sheet draw what each one looks like over the next 5 days.

- What do you notice about the two apples each day?
- How are they alike?
- How are they different?
- What do you think might happen to each of these apples over time?
- Do you think they will stay the same as they are today? Why or why not?

Extension: Why is it important to wash a cut or scrape on your skin with detol/ antiseptic and water and to protected with a bandage/ plaster?

Skin : A shield against germs

Each day of this experiment draw a picture or keep a note on BOTH apples.

1. The apple with the skin

2 The peeled apple

Day 1:	
Day 2:	
Day 3:	
Day 4:	
Day 5:	

WASHING our hands

Okay girls, we all know just how important it is to keep our hands clean always. Now more than ever there has been so much more emphasis on making sure your hands are washed properly, in order to protect ourselves against the virus Covid 19.

Activity: All day long, your hands touch things that have lots of tiny germs all over them. Today, we're going to take a close look at our hands after you've had some fun playing and we're going to learn what we can do to keep our hands clean. Let's go outside and dig in the dirt for a few minutes. Once we're back inside, you'll look at your hands closely. What might you see? How might they smell? Can you always SEE germs?...NO.

[After playing outside.]

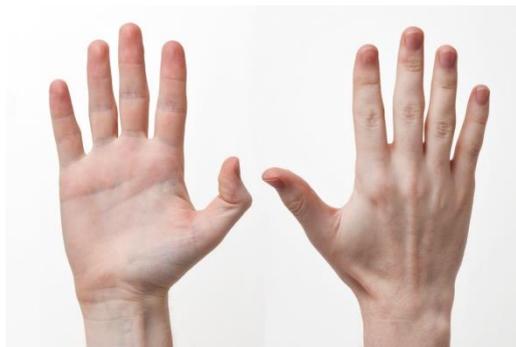
- How do they look?
- Do you think it would be a good idea to go eat lunch right now?
- What could happen if you did that?

The best way to get all those germs off your hands is to **wash them**. But does it matter how you wash your hands? **YES!!!!!!** It is so easy when you are in a rush to just dip your hands under water, shake and dry!! It is not enough! Follow the 7 steps below to ensure your hands are washed properly and you can say GOODBYE to germs!

What are the steps? In simple form...

1. Wet your hands
2. Apply soap
3. Rub your hands thoroughly ..front and back, in between fingers (20 secs)
4. Rinse well
5. Dry your hands with (paper towel/ towel – fully)
6. Turn off the tap with the towel
7. Sanitise (If possible)

To link with revision of procedure writing: Can you write a procedure for washing your hands. (Title, Materials/Equipment, Steps, Result) – remember bossy verbs – short precise directions.



A clean hand is a caring hand.

Did you know proper hand hygiene is the #1 way to prevent the spread of germs?
Follow these simple steps for proper hand hygiene.



Soap and water

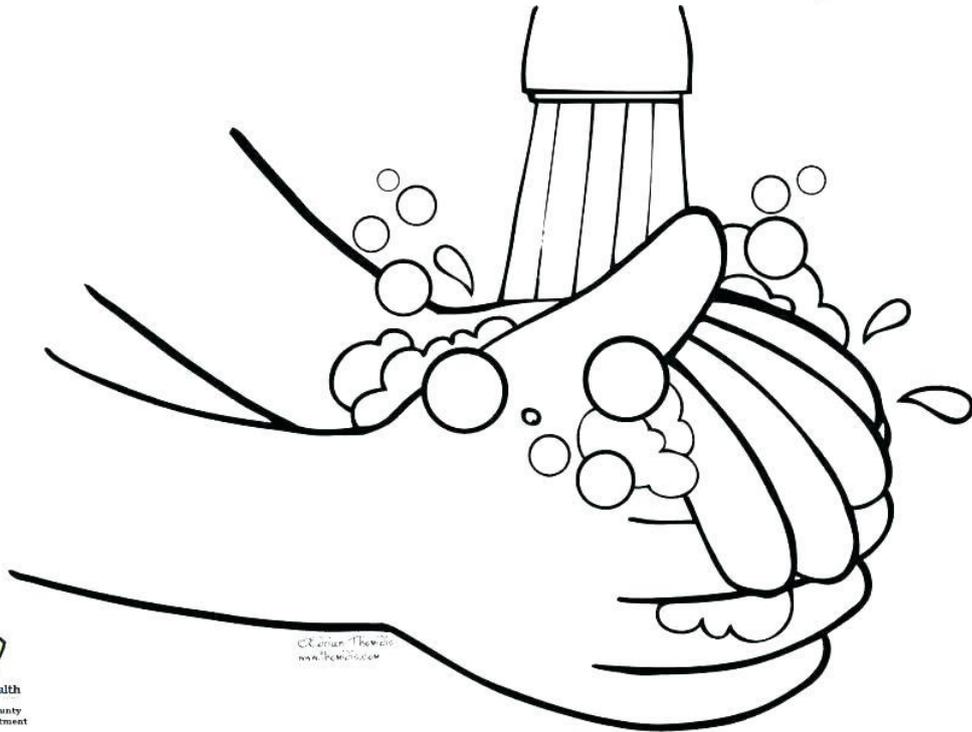
- 1 Turn on water
- 2 Wet hands
- 3 Apply soap to palm of one hand
- 4 Scrub for 20 seconds
- 5 Rinse
- 6 Dry with paper towel
- 7 Turn off water with a clean towel



Hand sanitizer

- 1 Apply to palm of one hand
- 2 Rub over both hands
- 3 Let dry

I CAN WASH MY HANDS!



Public Health
Highland County
Health Department

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History

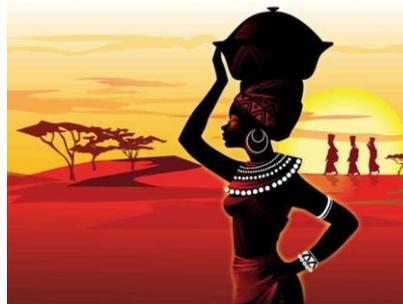
The People of Africa

Africa is a huge continent and has more independent countries in it than any other continent, over 50 countries. Since Africa extends thousands of miles from north to south and much of Africa sits on the equator, there is great variety in the climate and vegetation across the continent. All of these things influence the culture of people living in Africa. Unfortunately Africa is the world's poorest region and this has a great impact on how the people of Africa live. Most people live in poor rural areas without roads connecting to the villages and no electricity or clean water. Rural people who move to the cities to look for work end up living in slums.

The cultures of Africa can be divided into North Africa and South Africa of the Sahara Desert. North Africa borders the Mediterranean Sea and these Africans, like those in Egypt, traded with Greeks, Romans and others thousands of years ago using the Mediterranean Sea for the transportation of goods. Many of these people speak Arabic.

Africa is home to a large number of tribal people. To give an idea of the diversity of African people, there are over 2,000 languages spoken by the people living there. European countries colonized Africa like they colonized North and South America. The people of Africa face many difficult problems to

provide healthcare, education and a decent way of life for themselves and their children.



Questions: History copies

1. Look up the names of the countries of Africa that border the Mediterranean Sea. What are they? 2.

What is life like for people who live in rural villages of Africa?

3. In North America most people speak English or Spanish. Where do all the languages spoken in Africa come from?

4. When rural people move to a city, they cannot find jobs and end up living in a slum. Explain what a slum is.

5. Are these rural people better off staying in their village or moving to the city? Explain your answer.

Map of Africa : Discuss and explore



Geography: Continue mini project on animal + habitat

Music

Okay girls this week for music I want YOU to choose your favourite song....and I want you to sing-along to that specific song –ALL the while as you are..... washing your hands !!!!

So you are scrubbing and rubbing – front of the hands, back of your hands through your fingers, if it's a long song – why not grab the nail scrubber!!

BE happy sing to your hearts content while getting rid of any germs!!!

Get siblings to join in – REMEMBER stay scrubbing until the SONG IS OVER!! Can you do it??????? ...Don't give up half way through...and think AHHHH that's ENOUGH. This will help you break the habit of – HALF WASHING OR BARELY washing your hands!!

P.s – while scrubbing and rubbing make sure to have the tap turned OFF – At Mercy school we are a water conserving school we do not waste it.. Where are my green schools committee at?? I am excited to get back to retrieving our flag for next year – Biodiversity flag here we come!



PE: Spell sheet – SUMMER !! As much as you can this week go out into the nice weather and move about! See if you can get your hands on some chalk – draw out a hopscotch – send me a pic if you get to draw one!

Art



Moving eyes activity!!

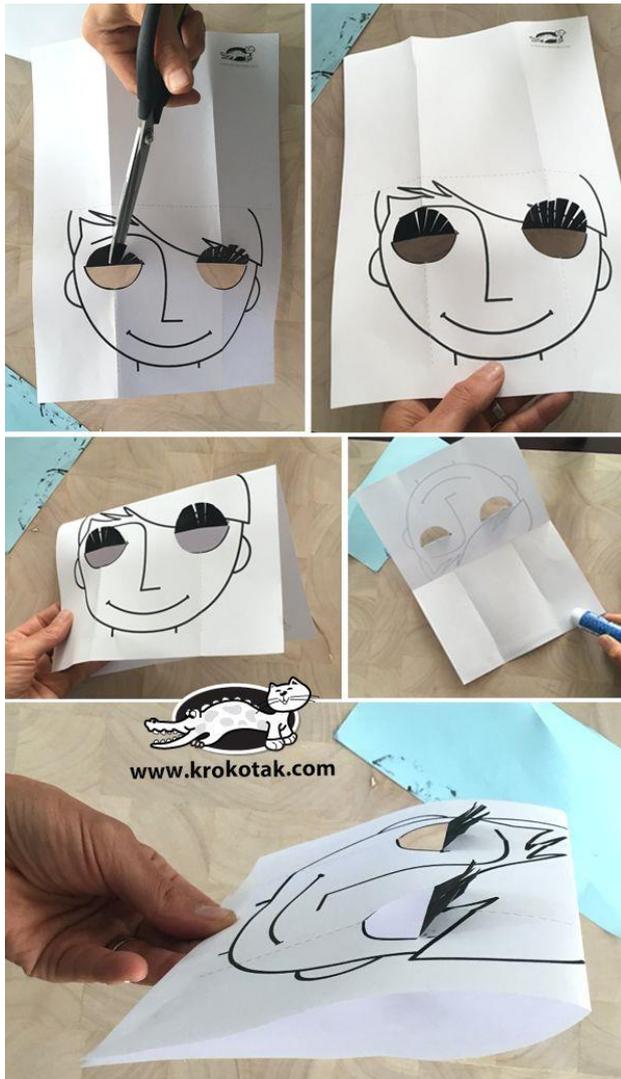
You will love this one girls!!

Here is a link below of a video to help you follow the steps of the art activity

<http://krokotak.com/2019/10/moving-eyes/>

I have attached a template for you to use below!



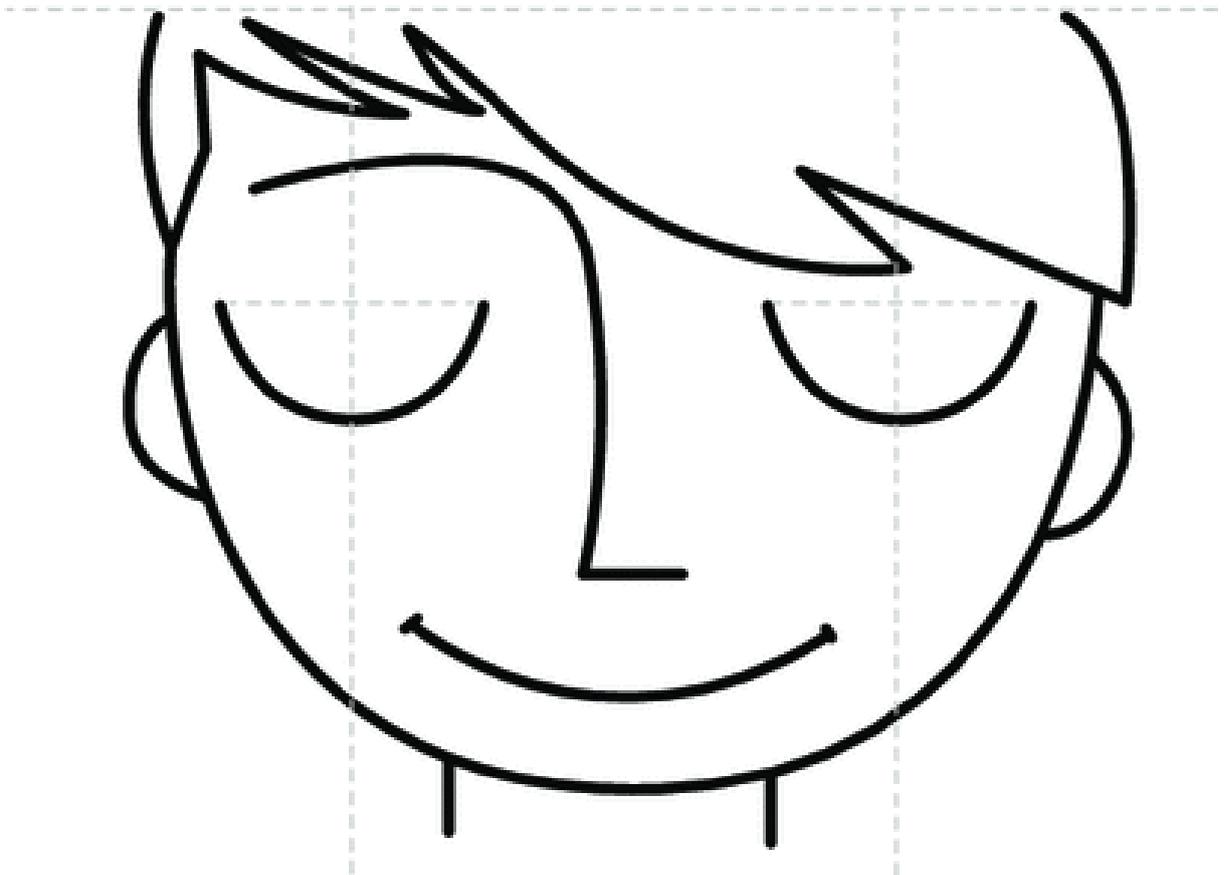


Please send me a picture if you get the activity completed I would love to ‘see’ (S E E E E E E E what I did there? – yes girls I’m still going with the punny jokes) what your finished piece turn out like.

You can choose whatever eye colour, or hair colour you wish. You can add in earrings and lashes, and lips – add face paint anything you like- be creative I know you all have wonderful ideas.



www.krokotak.com



Have a FABULOUS weekend girls.

Just a quick word to say – you are all amazing. Thank you for continuing to work as hard as you all have been. Proudest teacher EVER –Miss Murphy <3

Stay safe, stay happy, stay being YOU ...

Miss You

IN CASE NO ONE HAS TOLD YOU LATELY...

you

{YES, YOU}

ARE AMAZING.

ARE STRONG.

ARE BRAVE.

ARE WONDERFUL.

ARE KIND.

ARE LOVED.

ARE WORTHY.

THERE IS NO ONE LIKE YOU.

THE WORLD NEEDS YOU.